

Budget Worksheet

Know Exactly
Where Your
Money Is Going
Each Month.

See how much you're saving—or losing—then adjust your expenses so you're in even better financial shape next month. All you have to do is complete this form. **Get started today!**

What is Salt?

Salt[®] is a free nonprofit-backed program dedicated to helping students plan for, pay for, and repay the cost of their degree, while preparing them for a successful financial future. With a combination of money management advice, personalized student loan help, and straightforward budgeting tools, Salt provides the confidence students need to achieve their goals.

Income	Monthly Total
Salary (after taxes/benefits)	\$
Other income (after taxes)	\$
Total Monthly Income	\$

	Expenses	Monthly Total
Home	Rent/mortgage	\$
	Utilities (electricity, gas, etc.)	\$
	Internet/cable/home phone	\$
	Home repairs and maintenance	\$
	Groceries	\$
	Laundry/dry cleaning	\$
Bills	Student loans	\$
	Credit cards	\$
	Car payments	\$
	Insurance (car, homeowners, etc.)	\$
	Cell phone	\$
Transportation	Public transportation/taxis	\$
	Gas	\$
	Parking/tolls	\$
	Car repairs and maintenance	\$
Health	Prescriptions	\$
	Doctor appointments	\$
	Gym membership	\$
Personal	Entertainment	\$
	Gifts/special occasions	\$
	Travel	\$
	Dining out	\$
	Clothing	\$
Misc.		\$
	Total Monthly Expenses	\$

Total Monthly Income	\$
-Total Monthly Expenses	\$
=Total Savings	\$

Find out more tips for ensuring your financial wellness at saltmoney.org.